

RETIREE ACTIVITIES OFFICE
28th BW/RAO
2900 DOOLITTLE DR STE 1M01
ELLSWORTH AFB SD 57706-4821
OFFICIAL BUSINESS

Return Service Requested

RETIREE APPRECIATION DAY LUNCHEON

Scheduled for Sep 17 2010

Commissary ware hose 9 a.m. to 11:00 am and 1 pm to 3 pm Luncheon 11:00 am to 1:00 p.m.

TriCare
Hospital
Health & Wellness Center
28th Bomb Wing Legal office
Casualty Assistance/Survivor Benefit Plan
Ellsworth Base Exchange and Commissary (will have specials for that day)

Ellsworth AFB Retiree Newsletter

MESSAGE FROM THE 28TH BOMB WING COMMANDER

August 1, 2010

Greetings from Ellsworth Air Force Base and the 28th Bomb Wing! A lot has happened since the last newsletter. Our Airmen have and continue to meet the challenges presented to them here at home and at numerous deployed locations around the world.

I'd like to take this opportunity to invite retirees and their families from all branches of the military service and all ranks to a Retiree Appreciation Day at Ellsworth scheduled for Sept. 17, 2010. Events include a luncheon at Dakota's Club from 11:00 a.m. to 1:00 p.m. featuring a drawing for a \$100 Army and Air Force Exchange Service gift card. The Commissary will also have eight (8) 25.00 gift cards and Sentinel Federal Credit Union will provide gift card. The 28th Bomb Wing Support Squadron will have gift cards from the Golf Course and the Bowling Lanes. More door prize drawings will be offered at the Ellsworth Base Exchange where various organizations will have booths to provide important information to retirees and their families.

As always it is a pleasure working and interacting with you, our Air Force family. If you have any concerns or issues that need addressing immediately, please let me know by calling our Public Affairs at (605) 385-5056. We value your continued support to our Airman and their Families.

//Signed//

JEFFREY B. TALIAFERRO, Col, USAF
Commander, 28th Bomb Wing

A note from the Retirees Activities Office Director: We are still having the Quarterly Retiree Council's Luncheons at Dakota's Club and it is open to all branches of service, ranks, spouses and widows. I would like to thank Colonel Taliaferro's staff and all who helped with the newsletter and the 2010 Retiree Appreciation Day. The many volunteer hours contributed in the service of the military retirement community have not gone unnoticed.

The Retiree Office is always in need of volunteers. If you have a few hours available during the week and would like to join our work force, please give me a call at (605)385-3600 or stop by the Retiree Activity Office. Located in the Ellsworth AFB Hospital Room 1P05, my hours are 9:00 a.m. to noon, every Monday, Tuesday and Thursday. If you have comments or questions, please call anytime as I have an answering machine and will return your message as soon as I receive it.

Thanks for your support!

//Signed//

LEROY J. FOGLE, Sr., TSgt (Ret), USAF
Retiree Activities Office Director

The Newsletter is also available on the Ellsworth AFB Public website at <http://www.ellsworth.af.mil/rao.asp>. Click on the date under the B-1 photo to receive the up-to-date newsletter. **If you do not have internet access or a computer**, please send a written request to the following address: 28thBWRAO, 2900 Doolittle Drive, Suite 1P05, Ellsworth AFB SD 57706-4821.

Dakota's Club:

Lunch hours are Monday through Friday from 11 a.m. to 1 p.m. Cost is \$6.50 for members, \$8.50 for non-members and includes soup, salad

bar, main dish, drink and dessert. If you need a private room, there is an additional \$.50 charge. If you need a private buffet, there is an additional

charge of \$1.50 per person to cover the additional labor, setup and food. We also have a sandwich menu during lunch and on Friday evenings from 5 p.m. to 8 p.m. You can also call and order carry-out (605) 385-1765. The Dakota Club holds a Texas

Hold'em Tournament every Friday, sign in 6:00 PM game starts 6:30 PM. There are prizes every tournament. Retiree dues for officers are \$8.00 per month and \$5.00 for enlisted personnel.

28th Bomb Wing JA (Legal Office):

Preparing a will is the best way of providing for your family. This legal document determines who will receive your property and in what amounts. Your will alleviates worry for your family and makes life a little easier during a very difficult time. If you do not have a will, you die "intestate"; meaning your property will be distributed according to the laws of the state in which you reside, which may not be your intention. Your children, spouse or other family members may not receive the protection you would have desired. The process of finalizing your estate without a Will can become complicated, costly and time consuming.

When should your will be renewed? Generally, if any of the following circumstances change, your will may require renewal: Divorce or marriage, a name change, if anyone named in the will has changed their name, an executor or beneficiary dies, property bequeathed is sold or purchased, or if you have children.

Legal costs? Fees for drafting the necessary documents depend on an attorney's experience, the complexity of the situation, and the amount of time spent counseling clients and preparing documents. A will is one of the most important documents you will ever make. Without professional advice in preparing a will, you could unintentionally leave very complex, complicated and unresolved issues behind for your loved ones to resolve.

The Ellsworth Legal Office help. Providing a free service and advice on whether you'll need a new will, ensuring your will is valid, property prepared, signed and witnessed, so your wishes are clearly expressed, and that adequate provisions are made for your children, spouse, or other family members so that any potential challenges to your will are minimized.

To schedule an appointment to have a Will drafted or if you have legal questions, please call the Ellsworth Legal Office at (605) 385-2329.

HEALTH AND WELLNESS CENTER:

Food for thought: Did you know that losing just five to ten percent of your body weight can improve your blood pressure, cholesterol, or diabetes? A good way to start losing weight is by moving more and eating less.

Interested in quitting tobacco?

Quitting tobacco is one of the most important things you can do to improve the quality of your life! You will live longer and feel better. Quitting will lower your chance of having a heart attack or cancer.

The people with whom you spend your time will be healthier, especially your grandchildren or family.

You will have extra money to spend on things other than tobacco.

The Ellsworth HAWC and the 28th Medical Group have teamed up to assist you in quitting tobacco. This is a free service offered to retired military and their dependents. To get started quitting or for more information, please call the HAWC at (605) 385-2349.

AAFES

The BX Buddy List. Find out what's happening at Ellsworth through your email. Sign up for the Ellsworth AFB BX Buddy List. Just send an email to Vaughne.virginia@AAFES.com and ask to be

added. You will get information on sales events, special buys and information about Ellsworth BX happenings.

Shop on Line at <http://www.aafes.com>.

Shop online for great selections. Thousands of items are available from the Exchange Online Store and Exchange Mall. You can find great items, gifts, home furnishings, linens, house wares, electronics, luggage, jewelry, clothing, shoes and computers. All company suppliers offer special pricing to AAFES customers. In addition, earnings from orders placed from the surrounding area come back to the Ellsworth Community morale, welfare and recreation programs. If you shop using your AAFES Star Card shipping is free on many items. Last year the Ellsworth Community received \$351,970.

Hours of Operation:**Main BX**

9 a.m. – 7:00 p.m., Monday – Friday

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5 percent surcharge, which covers the cost of building new commissaries and modernizing existing ones. Shoppers save an average of more than 30 percent on their purchases compared to commercial prices – savings worth about \$3,400 annually for a family of four. Don't miss our next Ellsworth Commissary Warehouse case lot sale on Sep 4 – 6, 2009. Go to <http://www.commissaries.com> for local sale

9 a.m. – 8 p.m., Saturday

10 a.m. – 6 p.m., Sunday

Shoppette Open

5:30 a.m. – 1:00 a.m., Seven days a week

Burger King

7 a.m. – 8 p.m., Monday – Friday

9 a.m. – 8 p.m., Saturday

10 a.m. – 6 p.m., Sunday

Charley's Grilled Subs

7 a.m. – 8 p.m., Monday – Friday

9 a.m. – 6 p.m., Saturday

10 a.m. – 6 p.m., Sunday

Barber Beauty Shop Hours

7 a.m. – 5:30 p.m., Monday – Friday

9 a.m. – 3:30 p.m., Saturday

Closed Sunday

Flower Shop – Flowers by Gloria

9 a.m. – 6 p.m., Monday – Friday

9 a.m. – 4 p.m., Saturday

Closed Sunday

Optical Shop

9 a.m. – 5 p.m., Monday

9 a.m. – 6 p.m., Tuesday – Friday

9 a.m. – 4 p.m., Saturday

Closed Sunday

Commissary

information, store direction, hours, phone numbers, and updated Store personnel. Expand savings with coupons. Sign up for the Commissary Connection either on line or at your Commissary at the Coupon counter to your left when you enter the store and you will receive newsletters delivered via E-mail.

Your E-mail address is all that is required.

Ellsworth Commissary Hours:

9 a.m. – 7 p.m., Tuesday – Friday

9 a.m. – 6 p.m., Saturday

11 a.m. – 5 p.m., Sunday

Casualty Assistance:

The casualty assistance office provides assistance to family members of deceased active duty personnel and retired military members. Assistance includes applying for benefits related to

the member's military career and general information about the Social Security Office, Veteran's Administration.

When a retiree dies, his or her death needs to be reported to the Casualty Assistance Office as soon as possible. An initial report of death will be completed from information taken over the telephone and reported to DFAS-CL (Retired Pay Center). Once the Death Certificate is obtained, the next-of-kin of beneficiary should contact the casualty assistance office at a base near you for an appointment. The appointment will take an hour and will be conducted in a private office. For further information, contact the Ellsworth AFB Casualty Assistance Office at (605)385-2336.

Retiree Checklist - For Survivors

Does your spouse have all the documents needed to file claims? Have you talked to your spouse about financial changes after your death? Does your spouse know what benefits he or she is entitled to? Now is the time to prepare! The following check list may help you.

Create a military file:

That includes your retirement orders, separation papers, medical records etc. Make sure your spouse knows the location and telephone number of the nearest military installation casualty assistance office.

Create a military retired pay file:

That includes information for DFAS, Air Force, Navy, Army, or Marine personnel commands as appropriate; (include the number of any VA claim still pending; the VA office being used; a list of deductions; and the name and relationship and address of the beneficiary of any unpaid retired pay at the time of death).

1(800) 321- 1080 or (216 533-5955/1(800) 269-5170 to report deceased members)

Create an annuities file:

This file should have information about survivor benefit plan (SBP) reserve component survivor plan (RCSBP) or the retired serviceman's family plan (RSFPP), civil service annuity etc.

Create a list of bank accounts:

Maintain a list of all bank accounts (joint or individual). Include the location of all deposit boxes, saving bond, and any securities owned.

Funeral Planning:

Spend time with your spouse discussing you plans with respect to the type and place of your funeral service. You should decide which cemetery, whether ground burial or cremation, etc. Visit a local funeral home and pre-arrange your services.

Create an income tax file:

Include copies of tax bills, deeds and any other related information.

Create an insurance policy file:

Include life, property, accident, liability and hospitalization policies. In secure location, maintain a list of all bank accounts (joint or individual). Include the location of all deposit boxes, saving bonds, and any securities owned.

Who should be notified in the event of my death?

1. Defense Finance and Accounting Service
1(800)321-1080 or 1(216)522-5955/1(800)269-5170.
2. Social Security Administration (for death benefits) 1(800)772-1213.
3. Department of Veterans Affairs (if Applicable)
1(800)827-1000.
4. Office of Personnel and Management (OPM) (if applicable) 1(724)794-8690.
5. Any fraternal groups that you have membership with e.g. MOAA, FRA, NCOA, VFW, AL, TREA, ETC.
6. Any previous employers that provide pensions or benefits.

The above information is not all-inclusive and should be used with other estate planning tools to lessen the stress for your loved ones. This is a basic check list. You should also include all civilian-related information not cited above that would assist your beneficiaries in carrying out your will.

Air Force Retiree Home's and Foundations

Air Force Enlisted Village. The village's primary goal is offer housing and financial assistance to widows/surviving spouses of retired members. The village also offers housing to retired enlisted couples of the Air Force and Air National Guard

who receive full retirement benefits and meet the eligibility criteria. For more information call 1(800)258-1413, Ft Walton Beach Florida.

Air Force Village West. Located in California is a military-oriented care retirement community

serving officers of all branches of service. It is a full-service village designed for a wonderful lifestyle, comfortable housing and long-term health care. Any retired officer, spouse or widow holding an ID card (DD Form 2) is a candidate for residency at the village. The minimum residency age for the qualifying individual is 60 years. For additional information, write to the Air Force Village West, 17050 Arnold Drive, Riverside California 92518 or call 1(800)729-2999.

Air Force Village Foundation. The Air Force 1 and 11, in San Antonio, Texas, provides financial support and homes to widows and widowers of Air Force active and retired officers who would otherwise have no other place to live. Widows and widowers without financial means have priority for admission, and no one has ever been turned away for inability to pay. The widow and widower must be age 62 or over to become a permanent resident. The villages also offer a furnished apartment to a surviving spouse and children for up to a year to gather their lives following the death of an officer. For additional information on Air Force Villages 1 and 11, write to the Air Force Village Foundation,

5100 John D. Ryan Blvd, San Antonio, Texas 78245-3502, or call them toll free at 1(800)762-1122.

Air Force Enlisted Men's Widows and Dependents Home Foundation Inc: Widowed spouses over age 55 of Air Force enlisted members are eligible for residency. Residents pay for housing and service, although a primary purpose of the Foundation is to provide care for needy, eligible persons. For information, write to the Air Force Men's Widows and Dependents Home Foundation, 92 Sunset Lane, Shalimar, Florida 32579-1000, or call them at (904)651-3766.

The General and Mrs. Curtis E. LeMay Foundation: It can be confusing, frightening and heart-breaking to lose a spouse and find little, if any, financial resources and not know where to turn. The LeMay Foundation can be there to ease the burdens of everyday life. The Foundation can help with monthly supplemental grants to assist with food, rent, utilities and for some, health care. For additional information write to the General and Mrs. Curtis LeMay Foundation, 17050 Arnold Drive, Riverside, California 92518 or call them at (909)697-2099.

TRICARE

Your health benefits are managed in accordance to your demographic and eligibility information in the Defense Enrollment Eligibility Reporting System (DEERS). The DEERS system is where you get your identification card and where to update and keep current your mailing address, your phone number, your marital status, your date of birth, and your sponsor's information. When Congress adds or modifies one of the TRICARE benefits, the benefit will be applied and processed in accordance to the information DEERS contained in the system. Pass this information on to a friend who may not have access to the internet or who may not get military retiree newsletters, or to their guardian. To get information on how to update your DEERS information, please contact the Military Personnel

Element in the Ellsworth Rushmore Building or call (605)385-2427. Another option is to stop by your local TRICARE Service Center located in the 28th Medical Group Clinic; their office hours are Monday – Friday 07:30-16:30, no appointment is necessary, and they do not close for lunch. The 28th Medical Group Clinic is closed until 08:00 every 1st and 3rd Thursday as well as at 12:00 on the 3rd Wednesday afternoon of each month for mandatory training. Please mark this information on your calendar so you know to refill your prescriptions early.

The 28th Medical Group Clinic will be closed on the following days for Air Combat Command Family Days: July 6, 2009; September 4, 2009; November 27, 2009; and December 28, 2009.

MISCELLANEOUS

Information Books in the Retirees Activities

Office: A new edition of Federal Benefits for Veterans and Dependents by the Department of Veterans Affairs (VA) updates the rates for certain federal payments and outlines a variety of

programs and benefits for American veterans. Most of the nation's 24 million veterans qualify for some VA benefits, which range from health care to burial in a national cemetery. The 153-page booklet also provides an overview of programs and

services for veterans provided by other federal agencies. The handbook can be downloaded free from VA's Web site at http://www.va.gov/OPA/vadocs/current_benefits.asp. The U.S. Government Printing Office (GPO) accepts credit card orders for the publication at 1(866)512-1800 (toll-free) for a cost of \$5 each to U.S. addresses, or \$67 bulk orders of 25 copies. It can be ordered by mail from the GPO at Superintendent of Documents, P.O. Box 979050, St. Louis, MO 63197-9000 (stock #051-000-00233-4) or on line at <http://www.bookstore.gpo.gov>. We also have in the RAO Office books on Military Space-A Travel guide, Military Travel Guide U. S. A. These books are in the Retirees Activities Office for your use.

New Retiree Web Site. A new Air Force retiree web site <http://www.retirees.af.mil> offers in-depth information on benefits and services for the retiree community. Included are the survivor benefits plan, combat-related special compensation, afterburner newsletter and Air Force retiree news service.

Arlington National Cemetery: Write: Arlington National Cemetery, Arlington, VA 22211. For general information, locations of gravesites and visitor information call (703) 607-8000. Contact the Interment Service Branch at (703) 607-8585 regarding funeral arrangements and eligibility requirements. Please note that the Arlington National Cemetery staff does not make prearrangements. Visit the WEB Site at <http://www.arlingtoncemetery.org>.

Lost Records: Air force members retiring before Oct 1, 2004 should contact the National Personnel Records Center. Phone (314)801-0800. Write requests are required to replace lost documents from the NPRC. Written to NPRC/NCPMF-C, 9700 Page Avenue, St Louis, MO 63132-5000. Check the

WEB site at <http://vetres.archives.gov>.

Dependents' medical records are forwarded to an NPRC depository at 111 Winnebago St. Lois, MO 63118-4126 two years after the sponsor retires. Airmen who retired on or after 1 Oct.2004 can request copies of records by writing or faxing: AFPC/DPFFCMP, 550 C St. Suite 19, Randolph AFB, TX 78150; fax (210)565-4021, or DSN 665-4021. Individuals requesting their own records need to send a signed not that includes their name, social security number, contact information and specific record requested. Those requesting a relative's record also need to provide their relationship to the former Airman.

Locating Air Force Retirees or Active-duty Airmen:

The AF World Wide Locator handles official and unofficial requests to locate Air Force Personnel. Official requests are defined as requested from any government agency and the Department of Defense. All other requests are considered unofficial in nature. The locator only has location information on individuals who are currently receiving compensation from the USAF (Active Duty, Guard, Reserve, Retired, and Civil Service personnel). If the individual has separated, no information is available.

Afterburner - The retiree's e-Afterburner can be found on the internet by going to <http://ask.afpc.randolph.af.mil> then click **Military Retirees Service**, then click <http://www.retirees.af.mil>.

National Park Service (NPS)

The National Park Service has opened The Minuteman Missile National Historic site at wall South Dakota and are looking for volunteers to work at the site. If you are interested in volunteering you can contact Ret. M/SGT Butch Davis at (605)433-5552. Or E-mail www.nps.gov/mimi.

Military Associations (Local Interest)

Air Force Sergeant Association. The Air Force Sergeants Association (AFSA) is the only professional military association devoted to serving all branches of service. We meet at the Dakota Club the second Tuesday of every month at 11:30. For more information, contact MSgt David Wells at

(605)385-6152
<http://www.Afsa0951.cityslide.com/page/page/6546901.htm>.

Korean War Veterans Association of America

We meet at the VFW Rapid City the third Saturday

of the month at 10:00AM. For more information call (605)716-4092.

Retired Enlisted Association (TREA)

TREA Chapter 29 meets every third Saturday of the month at the TREA home, located 1981 Centre Street and Highway 44 in Rapid City SD.

Membership in the association is open to all retired enlisted members of all military services and to active duty military enlisted personnel who have ten or more years of active service. For membership information call member chairman at 716-9630 of the TREA Home a 348-5880/341-8791.

Disabled American Veterans (DAV)

The DAV Chapter 3 holds there meetings the second (2) Wednesday of each month at 6:30 AM for a dinner and a membership meeting at 7:30 AM at 101 E. Madison St. Rapid City SD. For more information you can call (605) 348-5898 or E-mail at davchapter3@rushmore.com.

American Legion

American Legion Post 315 holds there meeting the second (2) Saturday of each month a 730 Briggs St. Box elder SD. Meeting time is 9:30 AM for a bread fast and membership meeting at 10:00 AM. For more information you can call (605)923-3168.

The Military Officers Association of America

The Black Hills Chapter, MOAA meets the third Friday of every month Feb, Apr, Jun, Aug, Oct, Dec at the Dakota Club Ellsworth AFB. The meeting usually features a guest speaker. For more information, contact retired Col. James W. Cowan (605)574-4929.

Order of the Purple Heart 53-50

We hold our meetings at 101 E. Madison St. Rapid City SD on the Third (3) Saturday of each month at 12:00 Noon. For more information you can call (605) 34805898.

American Legion Riders

The American Legion Riders have a Chapter here in the Black Hills. Chapter ALR they meet at the American Legion Post 22 Rapid City at 6:00 PM monthly. The American Legion Riders membership is open to American Legion Family (Legionnaires, Auxiliary Members, and Sons of the American Legion) from any Post in the American Legion in the area. For more information you can contact Dr. Dennis Edwards at(605) 877-6576 or E-mail dennisf15@netzero.net.

Quick Reference Phone List Ellsworth AFB (Area Code 605)

Base Chapel	385-1598	Outdoor Recreation (Family Camp)	385-2997
Base Exchange	923-4774	Retiree Activity Office	385-3600
Base Library (Holbrook)	385-1688	Vehicle Registration/Visitor Center	385-2895
Billeting (Pinetree Inn)	385-2844	Veterans Service Officer	394-2266
Bowling Center	385-2536	Medical Facility/TRICARE Appointments	385-6700 (Opt 2)
Casualty Assistance	385-2336	Health Benefits Advisor	385-3259
Commissary	385-4364	Pharmacy Refills	385-3467
Dakota Club	385-1765/4	Pharmacy Refills (Toll Free)	800-385-8291
Family Support	385-4663		
Finance Customer Service	385-1496		
Golf Course	923-4999		
Health and Wellness Center	385-2349		
ID Cards	385-2427		
Legal Office	385-2329		
Public Affairs	385-5056		
South Dakota Air Space Museum	385-5188		
Gift Shop	385-5189		

Other Important Phone Numbers

DEERS Telephone	800-361-2508
DFAS (Retiree Pay)	800-321-1080
Social Security Administration	800-772-1213
Rapid City Office of SSA	605-342-1819
VA Regional Office	800-827-1000
VA Rapid City, Medical Clinic	605-718-1075

Address Change Procedures

Individuals with Internet access: People with My Pay accounts may change their address on the internet by going to <https://mypay.dfas.mil/mypay.aspx>, entering their personal identification number and then changing their correspondence address. Because there are other changes that can be made

electronically, retired members and annuitants are encouraged to go this route. Those without a PIN should use the same WEB site and request a PIN which will be sent through the mail in a short time. Retirees receiving, or entitled to receive, retired pay, including retirees whose pay (part or all)

comes from Veterans and Affairs or from Civil Service (because of combined federal service).

Should send their change of address to:

DFAS, US Military Retirement Pay, PO Box 7130,
London KY 40742-7130

This may also be accomplished by calling toll free (800) 321-1080 or commercial (216) 522-5534. The fax number is (800) 469-6559. Include your social

security number and sign your request when mailing or faxing.

Those surviving spouses who are receiving, or entitled to receive an SBP/Retired Serviceman's Family Protection Plan annuity (this includes surviving spouses of retirees who were enrolled in SBP but who are receiving Dependency and Indemnity Compensation in lieu of the SBP) must send a change of address to:

DAFS, US Military Annuitant Pay, PO Box 7131,
London KY 40742-7131

Non-SBP/RSFPP Annuitants

Non-SBP-RSFPP annuitants who are registered to receive the Afterburner, News for USAF retired personnel (but who may or may not be receiving a DIC pension from the VA), mail the new address and include the sponsors retired grade and SSN to:

HQ AFPC/DPSIAR
550 C Street West Ste 8
Randolph AFB TX 78150-4713

Service Benefits Available for Survivors after Death of a Retired Member

The loss of your loved one does not mean an end to certain military benefits and privileges you now receive. You may continue to receive medical care at medical facilities of the uniformed service, in select former public health hospitals designated by the Department of Defense as uniformed service treatment facilities and civilian inpatient and outpatient care, subject to limitation as determined by medical authorities. You may use the commissary, Base Exchange and morale, welfare and recreation activities, which includes theaters at bases where these facilities are available. Although every effort is made to provide these benefits and privileges, at some installations the facilities may be adequate only for the assigned

military personnel and their eligible family members. In such cases, the commander of the installation has the right to deny you the use of those facilities. In some overseas areas, the use of service benefits and privileges may not be extended to families of deceased members due to agreements entered into between the United States and the base country. If you plan to travel or live abroad, let your casualty assistance representative (CAR) help you determine the benefits and privileges available in the country where you plan to live. To determine if you are eligible for any of the service benefits and privileges mentioned, read the brief discussion of each below.

TRICARE FOR LIFE AND OTHER HEALTH INSURANCE (OHI)

If you have OHI, by law, TRICARE will process your claims only after all OHI's have processed the claim. After your OHI and Medicare process your claim, you need to file a TRICARE claim with Wisconsin Physicians Service (WPS) TFL (the TFL claims processing contractor). For detailed information on how to file a claim, please visit TRICARE Web site at

<http://www.tricare.mil/mybenefit/ProfileFilter.do?uri=%2Fhome%2FMedical%2FClaims>.

If a beneficiary receives a service that is not covered by Medicare such as prescription

medication, TFL follows TRICARE's other health insurance rules in determining what portion to pay. The beneficiary may need to file a claim with WPS TFL. TRICARE pays either the amount it would have paid as the primary plan or any remaining beneficiary liability after all OHI has paid, whichever is less.

PROCESSING CLAIMS INFORMATION

As a dual-eligible beneficiary entitled to Medicare Part A, and enrolled in Medicare Part B you do not need to submit a paper claim. Medicare pays its

portion for Medicare covered services and automatically the claim to WPS TFL for processing. If you have other health insurance (OHI) your claim will not automatically cross over to TRICARE. You will need to file a claim with WPS TFL. Submit summary notice along with a TRICARE paper claim and your OHI's Explanation of Benefits (EOB)

statement to: WPS/TFL P.O. Box 7890 Madison, WI 53707-7890.
For more information of assistance with TFL, please call WPS TFL at 1(866)773-0404. If you need further on formation regarding your Medicare benefits, call 1-800-Medicare / 1(800)633-4227.

THE BEST KEPT SECRET IN SOUTH DAKOTA

It is the State Veterans Home in Hot springs where the state provides comfortable and independent living with medical support for eligible veterans and their spouses, widower or widowers. Do you know of a veteran living in what you consider substandard? Or one living alone and lonely. If this sounds like someone you know, there is a alternative. The Veterans Butte

Bob Wanger	723-8387
Harding	
Milton Douglas	375-3313
Perkins	
Loy Carda	374-5681

Oglala Sioux Tribe	
Frank Marshell	867-5577

in Hot Springs. Your can contact you Veterans Officers (CVSO) see the following:

Pennington	
Dave Egermier or Neal Lutke	394-2266
Meade	
Jerry Lolley	34707623
Lawrence	
Bill Locken	574-9748
Custer	
Ken Irwi n	673-8123
Fall River	
J.R. Steele	745-5146
Haakon/Jackson	
Terry Deuter	859-2020
	837-2217

Pharmacy Information

Ellsworth Pharmacy information is now available online

- Login directly to website: <http://www.pharmacyonesource.com/fos/default.asp?L=70792&g=2>
➤ OR
- Login to www.rph.com and place mouse on gold *sign in* bar; click "Amplifi"

User ID: pharmacy@ellsworth.af.mil

Password: 1234

- ✓ (At first login, create desktop icon for easy one click access)
- ✓

What

- Formulary status of drugs
- Therapeutic interchanges
- Non-formulary alternatives
- Hours of operation/closures
- Alerts, recalls, and shortages
- Easy access all the time

Why

- It's fast and **saves your time**
- Reduces the frequency of formulary related calls
- **Increases patient safety** by heightened awareness of look-alike sound-alike risks, recalls, alerts, and warnings

How

- Type in either address above
- Clicking on the desktop icon (install during first visit to our site)

ELLSWORTH AIR FORCE BASE CLINIC FORMULARY

July 10

The following list of medications is stocked at the Ellsworth AFB pharmacy. It is provided to assist civilian practitioners when prescribing medications for eligible military beneficiaries. A few rules and restrictions apply when writing prescriptions to be filled at our facility. For more information, please feel free to call the following number:

(605) 385-3250. Our hours are Monday thru Friday, 7:30am to 4:30pm (0730-1630). We closed at 12 noon on the third Wednesday of each month for training. Closed Saturday, Sunday and all Federal Holidays. Most current formulary is available at www.ellsworth.af.mil under bulletins.

GERNERAL

*Telephone prescriptions are not accepted

*Fax number 385-3679

*All prescriptions must be signed and dated by a licensed provider

*Generic substitutions may be made according to Federal Law

*All prescriptions are considered expired after 12 months

*90 days worth of maintenance meds with 3 refills

*Civilian prescriptions for non-formulary items may be filled in the local pharmacy network.

*The SIG " Use as directed" Can Not be accepted

*Write multiple controls on separate prescriptions

*Please write amounts in numeric and longhand

*No refills on scheduled II's

*30 day supply maximum on narcotics/opioids (i.e Percocet, Vicodin, T-3 etc.)

*90 day supply maximum for non-narcotic scheduled maintenance medications (i.e benzodiazepine, ADHD, sleep aids etc)

*Faxed prescriptions for schedule II meds will NOT be accepted

*Prescriptions expire after 6 months

Controlled medications (Schedule II cannot be faxed to us)

TABLETS & CAPSULES

Acetaminophen (Tylenol) 500mg
Acetazolamide (Diamox) 250mg
Acarbose (Precose) 50mg
Acyclovir (Zovirax) 200 caps, 400 & 800mg tabs
Alendronate (Fosamax) 10, 35 & 70mg
Alendronate Plus D (Fosamax Plus D) 2800 & 5600 iu
Alfuzosin (Uroxatral) 10mg
Allopurinol (Zyloprim) 100 & 300mg
Amantadine (Symmetrel) 100mg
Amiodarone (Cordarone) 200mg
Amitriptyline (Elavil) all strengths
Amlodipine (Norvasc) all strengths
Amlodipine/Benazepril (Lotrel) all strengths
Amoxicillin 250, 500 & 875mg and 250mg chewable tabs
Amoxicillin/Clavulanic Acid (Augmentin) 250, 500mg & 875mg
Amoxicillin/Clavulanic Acid (Augmentin XR) 1000mg/62.5mg
Aspirin Chewable 81mg
Aspirin EC (Ecotrin) 325mg
Atenolol (Tenormin) all strengths
Atomoxetine (Strattera) all strengths
Azathioprine (Imuran) 50mg
Azithromycin (Zithromax) 250mg*Z-pak*
Baclofen (Lioresal) 10mg
Belladonna Alkaloids (Donnatol)
Benzonate (Tessalon Perles) 100mg
Benztropine (Cogentin) 2mg
Bisacodyl (Dulcolax) 5mg
Bismuth (Pepto-Bismol) Tabs
Bromocriptine (Parlodel) 2.5mg
Bupropion (Wellbutrin) 75mg(IR), 100mg SR, 150mg SR & 200mg SR

Buspirone (Buspar) 10mg
Butalbital/Caffeine/Acetaminophen (Fioricet)
Cabergoline (Dostinex) 0.5mg
Calcitriol (Rocaltrol) 0.25mcg
Calcium Carbonate(OS-CAL) 500mg
Calcium Carbonate 600mg plus Vit D 400iu
Captopril (Capoten)12.5, 25 & 50mg
Carbamazepine Caps (Carbatrol) 300mg
Carbamazepine Tabs (Tegretol) 100 & 200mg
Carvedilol (Coreg) 3.125, 6.25, 12.5 & 25mg
Cefadroxil (Duricef) 500mg
Cefdinir (Omnicef) 300mg
Cefprozil (Cefzil)250 & 500mg
Cefuroxime Axetil (Ceftin) 250mg
Celecoxib (Celebrex) 100 & 200mg
Cenestin 0.9mg, 0.625mg, 1.25mg tabs
Cephalexin (Keflex) 250 & 500mg
Cetirizine (Zyrtec) 10mg
Cetirizine/Pseudoephedrine (Zyrtec-D) 5/120mg
Chlorpheniramine (Chlor-Trimeton) 4mg
Chlorpheniramine/pseudoephedrine SR 8/120mg (Deconamine SR)
**Chlorthalidone 25,50 & 100mg
Cimetidine (Tagamet) 400mg
Ciprofloxacin (Cipro) 250 & 500mg
Citalopram (Celexa) all strengths
Clarithromycin (Biaxin) 500mg and 500mg XL
Clindamycin (Cleocin)150 & 300mg
Clomiphene Citrate (Clomid) 50mg
Clonidine (Catapres) 0.1 & 0.2mg
Clopidogrel (Plavix) 75mg
Colchicine 0.65mg

Colestipol (Colestid) 1gm
Cyclobenzaprine (Flexeril) 10mg
Cyproheptadine (Periactin) 4mg
Dexamethasone (Decadron) 0.75, 2 & 4mg
Dicloxacillin (Dynapen) 250mg
Dicyclomine (Bentyl) 20mg
Digoxin 0.125mg & 0.25mg
Diltiazem ER (Tiazac) 120, 180, 240, 300, 360mg
Diltiazem IR 30, 60 & 90mg
Diphenhydramine (Benadryl) 25mg
Dipyridamole (Persantine) 25 & 75mg
Divalproex (Depakote) 125, 250, 500mg
Delayed Release & 250 & 500mg ER
Docusate Sodium (Colace) 100 & 250mg
Donepezil (Aricept) 5, 10mg
Doxazosin (Cardura) 2, 4 & 8mg
Doxepin (Sinequan) 25mg
Doxycycline Tabs 100mg
Ergotamine/caffeine (Cafergot)
Erythromycin (Ery-Tab) 250mg
Esomeprazole Mag. (Nexium) 20 & 40mg
Estradiol (Estrace) 1mg tabs
Estrogen Conjugated (Premarin) 0.3, 0.45, 0.625, 0.9 & 1.25mg
Estrogen/Conjugated/Medroxyprogesterone (Premphase 0.625/5mg, Prempro 0.3/1.5mg, 0.45/1.5mg, 0.625/2.5mg & 0.625/5mg)
Estrogen/Methyltestosterone (Estratest HS, Estratest)
Estropipate (Ogen) 0.625, 1.25 & 2.5mg
**Ethambutol (Myambutol) 400mg
Etodolac (Lodine) 400mg
Ezetimibe (Zetia) 10mg
Felodipine (Plendil) 2.5, 5 & 10mg
Fenofibrate (Fenoglide) 40 & 120mg

Fexofenadine HCL (Allegra) 30 & 180mg
 Fexofenadine 60mg/Pseudoephedrine 120mg (Allegra-D 12 hour)
 Fexofenadine 180mg/Pseudoephedrine 240mg (Allegra-D 24 hour)
 Ferrous Sulfate 325mg
 Finasteride(Proscar) 5mg
 Fluconazole (Diflucan) 100 , 150 & 200mg
 Fluoxetine (Prozac) 10, 20 & 40mg
 Folic Acid (Folvite) 1mg
 Fosinopril (Monopril) all strengths
 Furosemide (Lasix) all strengths
 Gabapentin (Neurontin) 100, 300, 400, & 600 mg
 Gemfibrozil 600mg
 Glipizine (Glucotrol) 5 &10mg (IR)
 Glyburide Micronized (Glynase) 1.5, 3 & 6mg
 Glyburide Micronized (Micronase) 2.5 & 5mg
 Griseofulvin (Gris-Peg) 125mg
 Guaifenesin (Mucinex) 600mg
 Hydralazine (Apresoline) 25mg
 Hydrochlorothiazide (Esidrix) 12.5mg Caps and 25 & 50mg Tabs
 Hydroxychloroquine (Plaquenil) 200mg
 Hydroxyurea 500mg
 Hydroxyzine 25mg
 Ibandronate (Boniva) 2.5mg** and 150mg
 Ibuprofen (Motrin) 400, 600 & 800mg
 Imipramine (Tofranil) 25mg
 Indomethacin (Indocin) 25 & 50mg IR
 Isoniazide (INH) 300mg
 Isosorbide Dinitrate (Isordil) 10 & 40mg SR
 Isosorbide Mononitrate (Imdur) 20,30, 60, & 120mg
 Ketoconazole (Nizoral) 200mg
 Ketoralac (Toradol) 10mg
 Labetalol (Normodyne) 100 & 200 mg
 Lamotrigine (Lamictal) 25, 100 & 200mg
 Levodopa/Carbidopa Sinemet 10/100, 25/100, 25/250 & 50/200 CR
 Levofloxacin (Levaquin) 250 & 500mg
 Levothyroxine (Synthroid) all strengths
 Lisinopril (Zestril) 2.5, 5, 10, 20, 30 & 40mg
 Lisinopril/HCTZ (Zestoretic) 10/12.5, 20/12.5 & 20/25mg
 Lithium Carbonate (Eskalith) 300mg
 Lithium ER (LithoBid ER) 300mg
 Loperamide (Imodium) 2mg
 Loratadine (Claritan) 10mg
 Loratadine 5mg/Pseudoephedrine 120mg (Claritin-D 12 hour)
 Loratadine 10mg/Pseudoephedrine 240mg(Claritin-D 24 hour)
 Losartan (Cozaar) 25mg, 50mg & 100mg
 Losartan/HCTZ (Hyzaar) 50/12.5 & 100/25
 Magnesium Oxide (Mag-Ox) 400mg
 Mebendazole (Vermox) 100mg
 Meclizine (Antivert) 25mg
 Medroxyprogesterone (Provera) 2.5, 5 & 10mg
 Megestrol (Megace) 40mg
 Meloxicam (Mobic) 7.5 & 15mg

Mesalamine (Asacol) 400mg
 Mesalamine (Pentasa) 250 & 500mg
 Metformin (Glucophage) 500, 850 & 1000mg
 Methocarbamol (Robaxin) 500mg
 Methotrexate 2.5mg
 Methylprednisolone (Medrol Dosepak)
 Metoclopramide (Reglan) 10mg
 Metoprolol (Lopressor) 50mg & 100mg & (Toprol XL) 25, 50, 100 & 200mg
 Metronidazole (Flagyl) 250 & 500mg
 Minocycline (Minocin) 50 & 100mg
 Mirtazapine (Remeron) 15 & 30mg & SolTab 15 & 30mg
 Montelukast (Singulair) 4mg, 5mg ,10mg & Granules 4mg
 Nadolol (Corgard) 40mg
 Naprosyn 375 & 500mg
 Niacin 100 & 500mg
 Niacin ER (Niaspan) 500, 750 & 1000mg
 Nifedipine (Procardia) 10 & 20mg Caps
 Nifedipine CC (Adalat) 30, 60 & 90mg
 Nitrofurantoin (Macrochantin) 50mg
 Nitrofurantoin (Macrobid) 100mg
 Nitroglycerin (Nitrobid) 2.5 & 6.5mg
 Nitroglycerin SL (Nitrostat) 0.4mg
 Nortriptyline (Pamelor) 10 & 25mg
 Nystatin (Nilstat) 500,000units
 Olanzapine (Zyprexa) all strengths
 Omeprazole (Prilosec) 20mg
 Ondansetron (Zofran) 4 & 8mg ***Limited to 10 days with 1 refill***
 Ondansetron Orally Disintegrating Tab (Zofran) 4mg
 Oseltamivir (Tamiflu) 75mg
 Oxaprozin (Daypro) 600mg
 Oxybutynin (Ditropan) 5mg IR and 5,10 & 15mg XR
 Pancrelipase (Cotazym)
 Paroxetine (Paxil) 10, 20 & 40mg
 Penicillin VK 250 & 500mg
 Pentoxifylline (Trental) 400mg
 Perphenazine (Trilafon) 2mg
 Phenazopyridine (Pyridium) 100mg
 **Phenelzine (Nardil) 15mg
 Phenytoin (Dilantin) 50 & 100mg
 Phytonadione (Mephyton) 5mg (Vit K)
 Pioglitazone (Actos) 15, 30 & 45mg
 Piroxicam (Feldene) 20mg
 Polysaccharide iron complex (Niferex)-150
 Potassium Chlor. (Slow K) 8meq, (K-Tab) 10meq & K-DUR 20mEq
 Potassium Chloride (K-lor) 20meq packets
 Pramipexole Dihydrochloride (Mirapex) (all Strengths)
 Pravastatin (Pravachol) 10, 20, 40 & 80mg
 Prazosin (Minipress) 1, 2, 5mg
 Prednisone (Deltasone) 1, 5, 10 & 20mg
 Primadone (Mysoline) 250mg
 Probenecid (Benemid) 500mg
 Prochlorperazine (Compazine) 5mg
 Progesterone(Prometrium) 100mg
 Promethazine (Phenergan) 25mg

Propranolol (Inderal) 10 & 40mg IR, & 120mg LA
 Propylthiouracil (PTU) 50mg
 Pseudoephedrine 30mg
 Pseudoephedrine / Guaifenesin 60mg/600mg (Mucinex-D)
 **Pyrazinamide 500mg
 Pyridoxine (Vit B-6) 50mg
 Quetiapine Fumarate (Seroquel) all strengths and XR all strengths
 Quinine (Qualaquin) 325mg
 Raloxifene (Evista) 60mg
 Ranitidine (Zantac) 150mg
 Rifampin (Rifadin) 300mg
 Risperidone (Risperdal) all strengths
 Rizatriptan (Maxalt & Maxalt MLT – both strengths)
 Ropinirole (Requip) all strengths
 Rosiglitazone (Avandia) 2, 4 & 8mg
 Rosiglitazone/Metformin (Avandamet) all strengths
 Salsalate (Disalcid) 500mg
 Sertraline (Zoloft) all strengths
 Sitagliptin Phos. (Januvia) all strengths
 Sitagliptin/Metformin (Janumet) all strengths
 Simvastatin (Zocor) all strengths
 Simvastatin/Ezetimibe(Vytorin) all strengths
 Spironolactone (Aldactone) 25 & 100mg
 Sucralfate (Carafate) 1Gm
 Sulfamethoxazole 800mg/Trimethoprim 160mg (Septra DS)
 Sulfasalazine (Azulfidine) 500mg
 Sulindac (Clinoril) 200mg
 Sumatriptan (Imitrex) 50mg & 100mg
 Tamoxifen (Nolvadex) 10 & 20mg
 Telmisartan(Micardis) all strengths
 Telmisartan/HCTZ (Micardis/HCT) all strengths
 Terazosin (Hytrin) all strengths
 Terbinafine(Lamisil) 250mg
 Terbutaline (Brethine) 5mg
 Tetracycline (Achromycin) 250 & 500mg
 Theophylline Ext. Rel. 100 & 200mg
 **Thioridazine (Mellaril) 10, 25 & 100mg
 Thyroid (Armour) 15, 30, 60 & 90mg
 Timolol Maleate (Blocadren) 10mg
 Tolterodine (Detrol) LA 2 & 4mg
 Topiramate (Topamax) 25,50 & 100mg
 Tramadol (Ultram) 50mg
 Tramadol/Acetaminophen (Ultracet) 37.5/325mg
 Trazadone (Desyrel) 50 & 100mg
 Triamterene/HCTZ (Maxzide) 25
 37.5/25mg and (Maxzide) 75/50
 Trifluoperazine (Stelazine) 2 & 5mg
 Trihexyphenidyl (Artane) 2mg
 Valacyclovir (Valtrex) 500mg & 1gm
 Venlafaxine (Effexor) 37.5, 50, 75, 100mg (IR) & 37.5, 75mg, 150mg XR
 Verapamil ER 120, 180 & 240mg

Vardenafil (Levitra) 5,10 & 20mg **Limited to 6 tablets per month.**

Vitamins, (Prenatal MR 90 Fe-

DIABETIC (syringes limited to 300 per 90 day supply)

Use as directed not accepted###

Alcohol Swabs 100's

Lantus

Novolin N

Novolin R

Novolin L

Novolin 70/30

Novolog Aspart

Humalog (**Novolog is DOD preferred choice**)

Precision XTRA Strips

Medisense Ultra TLC lancets

3/10cc Insulin Syringes

1/2cc Insulin Syringes

1cc Insulin Syringes

BIRTH CONTROL

-Desogestrol 0.15mg, Ethinyl estradiol 0.03mg (Ortho-Cept, Desogen)

-Drospirenone 3mg, Ethinyl estradiol 0.02mg (Yaz)

-Ethinodiol 1mg, Ethinyl estradiol .035mg (Demulen 1/35 28's)

-Ethinyl Estradiol 30mcg, Drospirenone 3mg (Yasmin)

-Ethinyl Estradiol/Norelgestromin (Ortho-Evra) Patches

-Etonogestrel 0.12mg, Ethinyl estradiol 0.015mg (NuvaRing) **Only one will be dispensed at a time**

-Levonorgestrel .05, .075, .125mg, Ethinyl estradiol .03, .04, .03mg (Tri-Levlen 28's)
Levonorgestrel 0.15mg, Ethinyl estradiol 0.03mg (Levlen)

-Levonorgestrel 0.1mg, Ethinyl estradiol 0.02mg (Alesse-28)

-Norethindrone 0.35mg (Nor-QD 28's)

-Norethindrone 0.5, .75, 1mg, Ethinyl estradiol 0.035mg (Necon 777)

Compounded Products

Hydrocortisone 1% Cream & Clotrimazole 1% Cream 1:1

Magic Butt Cream (Steroid Free)

-Zinc Oxide Oint 681g

-Questran Powder 91g

-Mylanta 341ml

In 60gm containers

SUPPOSITORIES, ETC

Acetaminophen (Tylenol) 120 & 650mg

Bisacodyl (Dulcolax) 10mg supps

Glycerin supps

Hydrocortisone (Cortenema) enema

Hydrocortisone 25mg (Anusol HC) supps

with 1mg Folic Acid)

Warfarin (Coumadin) All Strengths

Zomiting (Zomig) 2.5, & 5mg &

-Norethindrone 1mg, Ethinyl estradiol 0.02mg (Loestrin 1/20)

-Norethindrone 1mg, Ethinyl estradiol 0.02mg, Ferrous Fum. 75mg, (Loestrin Fe 1/20)

-Norethindrone 1.5mg, Ethinyl estradiol 0.03mg, Ferrous Fum. 75mg (Loestrin Fe 1.5/30)

-Norethindrone 1mg, Ethinyl estradiol 0.035mg (Norinyl 1+35 28's)

-Norgestrel 0.3mg, Ethinyl estradiol 0.03mg (Lo-Ovral 28's)

-Norgestimate 0.18, .215, .25mg, Ethinyl estradiol 35, 35, 35 mcg (TriNessa)

-Norgestimate 0.18, .215, .25mg, Ethinyl estradiol 0.25, .25, .25mg (Ortho Tri-Cyclen Lo)

-Norgestimate 0.25mg, Ethinyl estradiol 0.035mg (MonoNessa)

VAGINAL

Clindamycin (Cleocin) 2% Cr 40gm & 100mg Supps

Clotrimazole 1% Cream 45gm

Estrogen conjugat. (Premarin) 0.625mg Cr

Metronidazole (Metrogel) 0.75% 70gm

**Progesterone Supps 50 & 100mg

TOPICAL

Acyclovir (Zovirax) 5% Oint

Adapalene (Differin) Gel 0.1%

Aluminum Chloride 10% (Drysol)

Aquaphor Oint

Bacitracin Oint

Benzoyl Peroxide Gel 5 & 10%

Benzoyl Peroxide Wash 5%

Betamethasone Dipropionate (Diprosone) 0.05% Cr & Oint

Betamethasone Valerate (Valisone) 0.1% Cr

Calcipotriene (Dovonex) 0.005% Cr, & Scalp Soln

Chlorhexidine Gluconate (Hibiclens) 4% Sol
Hydrocortisone w/Praxomoxine (Proctofoam HC) aerosol

Mesalamine (Rowasa) enema

Prochlorperazine (Compazine) 25mg supps

Promethazine (Phenergan) 12.5 & 25mg

Sodium Phosphate (Fleets) enema

OTIC

Acetic Acid 2% in Al Acetate Soln (Domeboro)

Antipyrine/Benzocaine (Auralgan)

Neomycin/Polymyxin & HC (Cortisporin) suspension

INHALERS, ORAL

Advair Diskus 100/50, 250/50, 500/50mcg

Albuterol (Proventil) 0.5% for nebulizer 20ml

ZMT 5mg

Clindamycin (Cleocin T) 1% Soln

Clobetasol (Temovate) 0.05% Cr & Oint

Clotrimazole (Lotrimin) 1% Cr & Solution
Crotamiton (Eurax) Cr

Desonide (DesOwen) 0.05% Cr, Oint & Lotion

Erythromycin topical (T-Stat) 2% Solution

Erythromycin-Benzoyl Peroxide (Benzamycin) Gel

Ethinyl Estradiol Transdermal (Climara) all strengths of patches
Eucerin Cr

Fluocinonide (Lidex) 0.05% Cr

Fluocinolone (Synalar) 0.01% soln. & 0.025% Cr.

Fluorouracil (Efudex) 5% Cr

Hydrocortisone 0.5, 1 & 2.5% Cr & 1% Oint

Hydrocortisone Val. (Westcort) 0.2% Cr

Imiquimod (Aldara) 5% Cr

Ketoconazole 2% Shampoo (Nizoral)

Lidocaine (Lidoderm) 5% Patches

Lidocaine (Xylocaine) 2% jelly

Lidocaine (Xylocaine) 5% Oint

Metronidazole (Metrogel) 1% Gel

Mupirocin (Bactroban) 2% Oint

Nitroglycerin Transdermal (Nitro-Dur) 0.1, 0.2, 0.3, 0.4, & 0.6mg

Nystatin 100,000u Cr, Oint & Pwd

Nystatin/Triamcinolone (Mycolog II) Cr

Permethrin (Elimite) 5% Cr

Pimecrolimus (Elidel) 1% Cr

Salicylic Acid Soln 17%

Selenium Sulfide (Selsun) shampoo

Silver Sulfadiazine (Silvadene) 1% Cr

Sulfur Salicylic Acid (Sebulex) shampoo

Tretinoin (Retin-A) 0.025% & 0.05% Cr &

0.025% gel (**35 yr old and younger only**)
Tretinoin gel microsphere 0.04% & 0.1%

(**35 yr old and younger only**)

Triamcinolone (Kenalog) Spray

Triamcinolone 0.1% Cr & Oint

Triamcinolone 0.5% Cr

Triamcinolone dental paste 0.1%

Albuterol (Proventil) 0.083% nebs

Albuterol (Proventil HFA) oral MDI

Aerochamber Device

Budesonide Inh Susp (Pulmicort Respules)

0.25mg/2ml & 0.5mg/2ml

Cromolyn sodium (Intal) nebs

Cromolyn sodium (Intal) oral

Fluticasone (Flovent) oral 44, 110 & 220mcg

Ipratropium Bromide (Atrovent) nebs

Ipratropium Bromide (Atrovent) oral

Ipratropium/albuterol (Combivent) oral

Levalbuterol HFA (Xopenex) MDI

Nitrolingual 0.4mg spray

Salmeterol (Serevent) diskus

Sodium chloride 0.9% 3ml nebs

Tiotropium bromide (Spiriva)

Triamcinolone Acetonide (Azmecort) oral

INHALERS, NASAL

Desmopressin Acetate (DDAVP) 0.01% nasal
Fluticasone 50mcg (Flonase) nasal
Ipratropium Bromide (Atrovent) 0.03% nasal
Mometasone Furoate monohydrate (Nasonex)
Oxymetazoline (Afrin) nasal spray
Saline nasal mist
Sumatriptan 20mg (Imitrex) Nasal Spray

ORAL LIQUIDS

Acetaminophen (Tylenol) 80mg/.8ml drops
Acetaminophen (Tylenol) 160mg/5ml Susp
Albuterol (Proventil) 2mg/5ml
Amoxicillin/Clavulanic Acid (Augmentin)
400mg/5ml & Augmentin ES-600
Amoxicillin Suspension 125mg/5ml,
250mg/5ml and 400mg/5ml
Azithromycin (Zithromax) 100mg/5ml &
200mg/5ml & 1gm packets
Belladonna Alkaloids (Donnatol)
Cefdinir (Omnicef) 125/5 & 250/5
Cefprozil (Cefzil) 250mg/5ml
Cefuroxime Axetil (Ceftin) 250mg/5ml
Cephalexin (Keflex) 250mg/5ml
Cetirizine (Zyrtec) Syrup
Chlorexidine Oral Rinse 0.12% (Peridex)
Cyproheptadine (Periactin) liquid 2mg/5ml
Dexamethasone Intensol 1mg/ml
**Digoxin (Lanoxin) liquid 0.5mg/ml
Diphenhydramine (Benadryl) 12.5mg/5ml
Docusate Liquid (Colace) 1%
Electrolyte Oral Solution (Colyte)
Erythromycin (EryPed) 200mg/5ml
Ferrous Sulfate (Fer in sol) 15mg/0.6ml
Fluoride Drops (0.5mg/ml)
Fluoride (PreviDent 5000 paste)
Fluoride (PreviDent gel)
Furosemide (Lasix) liquid 10mg/ml
Griseofulvin (Grifulvin) V susp 125mg/5ml
Hydroxyzine (Atarax) 10mg/5ml
Ibuprofen (Motrin) 100mg/5ml
Ipecac Syrup
Isoniazide (INH) liquid 50mg/5ml
Lactulose 10g/15ml
Lidocaine Viscous 2%
Loratadine Syrup (Claritin) 1mg/ml
Magnesium Citrate
Metoclopropamide (Reglan) liquid 5mg/5ml

Milk of Magnesia
Mineral Oil USP, Lubricant Laxative
Multivitamin Drops (Poly-Vi-Sol)
Multi-Vit w/fluoride & iron(Poly-vi-flor w/iron)
Nitrofurantoin (Furadantin) susp 25mg/5ml
Nystatin susp 100,000units/ml
Penicillin V 250mg/5ml
Phenylephrine 0.125% (Little Noses)
Polyethylene Glycol 3350 (Miralax)
Prednisolone (Prelone) 15mg/5ml
**Propranolol (Inderal) liquid 20mg/5ml

Pseudoephedrine 30mg/5ml
Ranitidine (Zantac) liquid 15mg/1ml
**Risperidone (Risperdal) 1mg/ml Soln
Sodium Fluoride drops 1.1mg/ml
Sucralfate (Carafate) susp 1g/10ml
Sulfamethoxazole 200mg / Trimethoprim 40mg
/5ml Susp. (Septra or Bactrim)
Sulfisoxazole (Gantrisin) susp 0.5g/5ml
Valproate (Depakene) 250mg/5ml

Compounded Product

Magic Mouthwash
-Diphenhydramine Liquid
-Maalox Suspension
-Viscous Lidocaine 2%
1:1:1 in 120ml Bottles

OPHTHALMICS

Bacitracin Oint
Bacitracin/Polymyxin (Polysporin) Oint
Bacitracin/Polymyxin/Gramicidin (Neosporin)
soln & oint
Betaxolol (Betoptic S) 0.25% susp
Bimatoprost (Lumigan) 0.03% soln
Brimonidine (Alphagan P) 0.15% soln
Carboxymethylcellulose 0.5% (Refresh Tears)
and Preservative Free (Refresh Plus)
Cyclopentolate (AK-Pentolate) 1% soln
Dexamethasone(Maxidex) 0.1% susp
Dorzolamide (Trusopt) 2% soln
Erythromycin (E-mycin) Oint
Eye lubricant (Duratears) Oint
Fluoromethalone (FML) susp
Gatifloxacin (Zymar) 0.3% Soln
Gentamicin (Garamycin) 0.3% soln & Oint
Homatropine (Isopto Homatropine) 5% soln
Ketorolac LS (Acular LS) soln
Latanoprost (Xalatan) 0.005% soln
Lodoxamide (Alomide) 0.1% soln
Naphazoline/Pheniramine(Naphcon A)
Neomixin/Polymixin B/Dex Susp & Oint
(Maxitrol)
Ofloxacin (Ocuflox) soln
Olopatadine (Patanol) 0.1% soln
Pilocarpine 0.5, 2 & 4% soln
Pilocarpine Gel 4% (Pilopine)
Polyvinyl Alcohol 1.4% (Artificial tears)
Prednisolone (Pred Forte) 1% Susp
Prednisolone/Sulfacetamide Susp (Blephamide)
Sodium Chloride (Muro 128) Soln & Oint
Timolol (Timoptic) 0.25 & 0.5% Soln
Timolol (Timoptic) XE 0.5%
Tobramycin Soln
Tobramycin/Dexamethasone (Tobradex) Susp &
Ointment
Trifluridine (Viroptic) Soln
Trimethoprim/Polymyxin (Polytrim) Soln

SCHEDULE III-V

Acetaminophen w codeine (Tylenol w/ codeine)
#3 tabs
Acetaminophen w codeine (Tylenol w/ codeine)
elixir
Alprazolam (Xanax) 0.25 & 0.5mg
Butalbital/Aspirin/Caffeine (Fiorinal)

**Chloral Hydrate (Noctec) 500mg/5ml liquid
Chlordiazepoxide (Librium) 10mg & 25mg
Clonazepam (Klonopin) 0.5mg & 1mg
Diazepam (Valium) 5mg
Dichloralphenazone/Isometheptene/Acetaminophen (Midrin)
Diphenoxylate/Atropine (Lomotil) 2.5mg
Eszopiclone (Lunesta) all strengths
Guaifenesin w/ Codeine (Robitussin AC) 120ml
Hydrocodone/Acetaminophen (Vicodin)
5mg/500mg
Hydrocodone/Acetaminophen (Lortab)
5mg/325mg
Hydrocodone/Acetaminophen 7.5mg/500mg
per 15ml (Lortab Elixir)
Hydrocodone/Ibuprofen (Vicoprofen) 7.5/200
mg
Lorazepam (Ativan) 0.5mg, 1mg & 2mg
Phenobarbital 20mg/5ml liquid
Phenobarbital 30mg
Propoxyphene (Darvon) 65mg
Propoxyphene/Acetaminophen (Darvocet N-50
& N-100)
Promethazine w codeine (Phenergan w/
codeine) syrup 120ml
Temazepam (Restoril) 15 & 30mg
Testosterone Transdermal patch (Androderm)
2.5 & 5mg
Testosterone Gel (AndroGel) 1% 2.5gm and
5gm
Testosterone Cypionate (Depo- Testosterone)
200mg/ml inj
Testosterone Enanthate (Delatestryl) 200mg/ml
inj
Triazolam (Halcion) 0.25mg
Zolpidem (Ambien) 5 & 10mg

SCHEDULE II

Amphetamine/Dextroamphetamine (Adderall)
10mg & (Adderall XR) all strengths of XR
Codeine 30mg
Dextroamphetamine (Dexedrine Spansules)
10mg
Dextroamphetamine (Dexedrine) 5mg Tab
Meperidine (Demerol) 50mg
Methylphenidate (Concerta) all strengths
Methylphenidate Immediate Release Chewable
2.5, 5 & 10mg
Methylphenidate (Ritalin) 20mg SR
Methylphenidate (Ritalin) 5, 10 & 20mg
Morphine Immediate Release 15 & 30mg
Morphine (MS Contin) 15, 30 & 60mg
Morphine 10mg/5ml liquid
Oxycodone (Oxy IR) 5 mg caps
Oxycodone Controlled Release (Oxycontin) 10
& 20mg
Oxycodone/Acetaminophen
(Percocet/Endocet/Roxicet) 5mg/325mg

MISC

Enoxaparin Na (Lovenox) All Strengths
Leuprolide (Lupron) Depot 3.75 & 11.25mg
Goserelin (Zoladex) 3.6** & 10.8mg implants
(for treatment of prostate cancer only)

The following are **ONLY** available through **Lung**
Helpline 1-800-548-8252 or TTY 1-800-501-

1068 Monday-Friday, 7am-7pm CST

Bupropion (Zyban) 150mg

Varenicline(Chantix) 0.5 & 1mg

Nicotine Patches 7, 14 & 21mg

** Items on formulary but not in stock –
we have 72 hours to fill these meds.